



Glorious Yoga Presents 6th Annual Yoga Retreat

Costa^{In} Rica

July 7 - 14, 2012

with
Gloria Mazza Persico



Gloria has truly evolved the yoga experience by combining travel, adventure, and fun exploring

International cultures. As a certified 500-hour Kripalu instructor and co-founder of two yoga studios in San Ramon, CA, Gloria has developed over the last 23 years, an endearing following of students who are on the path of self discovery through the ancient practice of Yoga. Gloria feels her students needs; each class is varied and always interesting and fun. She accommodates the advanced student and the novice, blending different training and techniques. Costa Rica 2012, will be Gloria's 19th International Yoga Retreat.

Join Gloria on a magnificent adventure into the tropical beauty of Montezuma, located on one of the most beautiful stretches of undeveloped, oceanfront jungle paradise in Costa Rica.

Howling monkeys, waterfalls, tidal pools and warm ocean waves await you. Try snorkeling on Tortugas Island, hiking in Cabo Blanco National Park, horseback riding or an aerial, zip line, canopy jungle tour. The charming fishing village of Montezuma offers International dining and local artisan shopping. There will be plenty of time to explore, or time to restore in one of the many hammocks on the oceanfront lawn of our hotel.



Daily Yoga classes & meditation practice, all levels welcome. Begin your practice or deepen an existing one; explore the profound experience of a Yoga retreat. www.gloriousyoga.com

\$1,695 Double Occupancy

Cost includes all ground transportation and daily brunch; all accommodations - 2 nights stay in San Jose and 5 nights stay in Montezuma; round trip flight from San Jose, Costa Rica to Montezuma – airfare to San Jose, Costa Rica not included.

\$695 non-refundable deposit due now holds your spot, balance due by June 1, 2012. Single occupancy available upon request.

To register contact
Gloria@gloriousyoga.com

